

Encountering the whispers of early spring at a city ryokan

< Day 1 >

- 05:30 PM Check-in
- 06:30 PM Hot spring Bathing
- 07:30 PM Dinner: "Negima-nabe" (Bluefin Tuna and Leek Hot Pot)

< Day 2 >

- 06:00 AM Morning Kenjutsu Practice
- 07:00 AM Hot spring Bathing
- 08:30 AM Holistic Ryokan Breakfast
- 01:00 PM Lunch: "Budding Spring Soup and Genmai Riceball"
- 03:00 PM Creating a Seasonal Flower Box
- 05:00 PM Hot spring Bathing
- 07:00 PM Dinner: "Lost Flavors of Japanese Home Recipes"

< Day 3 >

- 08:30 AM Seasonal Tea Ceremony
- 10:00 AM Holistic Ryokan Breakfast
- 11:30 AM Floating Meditation in the Private Hot Spring
- 01:00 PM Check-out