

Body Treatment Menu

Shiki ¥33,880 for 90 minutes

〈Back, Legs, Head, Neck line, Arms〉

HOSHINOYA'S original body treatment using herb balls made from seasonal Japanese plants. The steamed herb ball is gently rolled over the legs, back and neck line to wrap the whole body with warmth.

※Please make your reservation an hour in advance.

Moegi ¥ 28,050 for 90 minutes

〈Back, Legs, Head, Neck Line, Arms〉

Treatment of the whole body approached with a gentle touch. The calming rhythm will allow you to indulge in utter relaxation.

Wakatake ¥ 28,050 for 90 minutes

〈Back, Legs, Head, Neck Line, Arms〉

Treatment that focuses on the back and shoulders. Releases tension in the body and soul that may have built up from our daily lives.

Kohaku ¥ 28,050 for 90 minutes

〈Head, Neck Line, Below Elbows, Below Knees〉

Treatment that focuses on the scalp and the soles of the feet. Loosens tiredness from the feet with a slow rhythm and restores moisture to the scalp with carbonated mist and beauty essence.

Body and Facial Treatment Menu

Usuko ¥ 32,670 for 90 minutes

〈Back, Legs, Head, Face, Neck Line, Arms〉

Treatment of the face and whole body approached with a gentle touch. In addition to the body oil treatment, the face is treated with argane oil and skin care of Japanese harbel extract. It invites you to dive into a deep relaxation state. This menu includes facial cleansing.

Kobai ¥ 36,590 for 90 minutes

〈Back, Legs, Head, Face, Neck Line, Arms〉

Treatment of the face and whole body. After the oil treatment of the body, the face is treated with facial cream and mask to bring the skin to a plump and healthy state. This menu includes facial cleansing.

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- * The times listed above indicate the length of each treatment. Please finish bathing in the hot spring before your reservation and come to the spa reception on the 17th floor.
 - * Additional time will be required for pre/post consultation and changing clothes.
 - * Tax and 10% service fee included to the prices listed above .

Regarding SPA Reservation

Hoshino Resorts SPA facilities are for relaxation purposes. Guests with health concerns or who visit the hospital on a regular basis may be denied entry to our facilities regardless of permissions from their doctors.

We kindly ask that you read the following carefully.

Guests with the following conditions will not be able to receive treatment from us.

- Are less than 16 weeks or more than 27 weeks into pregnancy (Guests who are more than 16 weeks but less than 27 weeks into pregnancy may still be denied entry to our facilities depending on their conditions on the day of treatment.)
- With pains, swollen injuries, or wounds ... sprains, bone fractures, back pain, dislocation, burns, cuts, etc.
- With severe visceral diseases, illnesses or injuries currently under treatment.
- With diseases and injuries currently under observation, scratches...including traffic accidents
- Experienced surgery less than a year ago (including endoscopic surgeries)
- With fever and headache, nausea, abdominal pain, diarrhea
- With swelling caused by illnesses, or with lymphedema pain or swelling from dental treatment
- With pain or swelling from dental treatment

Guests with the following conditions maybe provided with an adjusted menu or refused treatment.

Please speak to us when making a reservation.

- Severe varicose veins
- Allergies
- For those seeking oil treatment but with sunburn
- For those seeking oil treatment but have trouble sleeping for an extended period of time facing up or down
- For those seeking oil treatment but with skin diseases, skin inflammation, swelling, or an itchy skin
- For those wishing to use our facial menu but experienced a surgery less than a year ago.
- For those wishing to use our facial menu but experienced tooth extraction less than 6 months ago
- For those wishing to use our swimming pool or hot spring menus but with diseases involving the circulatory system, respiratory system, or the urological system

※Our maternity menus vary from facility to facility. For details, please visit the homepage of the facility you are about to visit or confirm with us when making a reservation.

※Please kindly notify us at the time of reservation should you have medical conditions other than those listed above.

※Hoshino Resorts SPA has an age limit. All treatment menus are available for those of 18 years of age or above. Certain body treatment menus are available for those of 16 years of age or above.

※A cancellation fee of 100% will be charged should the cancellation occur less than 24 hours in advance of a scheduled reservation.